

Growing Your Own Garden

Spring is the best time to start a garden. And whether you're planning to plant outdoors or indoors, growing one has never been easier – not to mention, more impactful!

All you need is:

- 1 seedling
- 1 bag of compost
- 1 box of fertilizer
- 1 hand cultivator
- 1 trowel
- 1 watering can
- 1 bag of soil and 1 indoor garden container (if you're gardening indoors)

All you need to do is:

1. Select an area in your backyard that gets lots of sunlight; or fill your indoor garden container with soil and place it by a window that (you guessed it) gets lots of sunlight
2. Remove all rocks and weeds from the soil
3. Use a cultivator to mix the top layer of soil
4. Spread compost over that top layer, mixing everything together
5. Dig a hole that is five inches deep using the trowel – place your seedling in the hole
6. Use surrounding soil to fill the space around the seedling
7. Add a scoop of fertilizer into a watering can filled with water, and proceed to water the seedling until the soil is soggy – make sure not to flood it!

As your seedling grows:

1. Make sure your garden is watered every 3-4 days (rain water counts!)
2. Check for and pull out weeds that grow
3. Take pleasure knowing that your garden is good for your health and the health of our environment!

Information retrieved from: How to Start Your Own Garden. (2019). *Popular Mechanics*, 84