

# In the Know Jan-Feb 2026

Program and Resource Guide



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## Small Business Consultant

Request an appointment for a virtual session with a Small Business Consultant from the Richmond Hill Small Business Enterprise Centre. <https://eservices.richmondhill.ca/ecdev/SB-Inquiries>

## Looking for more English Conversation Circles?

Visit [www.ccsyr.org](http://www.ccsyr.org) to find more sessions at 50 High Tech Road in Richmond Hill!

# Babies, Toddlers & Preschool

View all Babies, Toddlers & Preschool programs at:  
[rebrand.ly/itk-btp](https://rebrand.ly/itk-btp)



## Stories & Crafts

2–5 yrs w/caregiver

It's an arts-centric storytime! Listen to a story or two and explore a hands-on craft with your 2-5 year old.

Children's Programming Room,  
1st Floor, Oak Ridges Branch  
Wed, Jan. 7 - Feb. 25 / 10:30-11 a.m.

Auditorium, Richvale Branch  
Fri, Jan. 9 - Feb. 27 / 10:30-11 a.m.

## Babytime

0–12 months w/caregiver

Join us for songs, rhymes, tickles, and bounces. This program is designed for babies and their caregivers.

Kids' Corner, 1st Floor, Central Branch  
Thurs, Jan. 8 - Feb. 26 / 1-1:30 p.m.

## Family Storytime

0–6 yrs w/caregiver

Talk, sing, read, write, and play with us as we share stories, games, rhymes, and songs! Designed for babies/toddlers and their caregivers.

Auditorium, Richvale Branch  
Tues, Jan. 6 - Feb. 24 / 10:30-11 a.m.

Kids' Corner, 1st Floor, Central Branch  
Thurs, Jan. 8 - Feb. 26 / 10:30-11 a.m.

Kids' Corner, 1st Floor, Central Branch  
Sat. / Jan. 10 - Feb. 21 / 10:30 - 11 a.m.\*

## Early ON Programs

Participants must have an EarlyOn account to attend these programs. Create your account by visiting the EarlyOn website or in-person before the program begins. Tickets will be handed out 15 minutes before the program starts.

### Zumbini

1–6 yrs w/caregiver

Experience the rhythm of music and movement through Zumbini! Bond with your child while helping them to develop cognitive abilities, motor and social skills, and emotional wellbeing. Plus, caregivers can get in a fun workout, too!  
Room 1/2, 1st Floor, Oak Ridges Branch  
Tues. / Jan. 6 - Feb. 24 / 1:30-2:30 p.m.

### Baby Music and Movement

0–12 months w/caregiver

Enjoy music and movement with your baby! We'll sing songs and play with instruments and toys that help support healthy development.  
Auditorium, Richvale Branch  
Wed. / Jan. 7 - Feb. 25 / 1:30-2:30 p.m.

### Songs, Rhymes, & Stories in Mandarin and Cantonese

0–6 yrs w/caregiver

Experience a variety of stories and musical activities that bring our community together. Hear and share songs, rhymes, and stories in Mandarin and Cantonese during this storytime for caregivers and children.  
Kids' Corner, 1st Floor, Central Branch  
Sat. / Jan. 31 / 10:30-11:30 a.m.

### Songs, Rhymes, and Stories in Farsi

0–6 yrs w/caregiver

Experience a variety of stories and musical activities that bring our community together. Hear and share songs, rhymes, and stories in Farsi in this storytime for caregivers and children.  
Kids' Corner, 1st Floor, Central Branch  
Sat. / Feb. 28 / 10:30-11:30 a.m.

### Want more?

Check out [page 5](#) for  
Family Lit Bash!

\* no program on Jan 31.

# Kids

## (12 years and under)

### Registered Programs:

#### Javascript Jumpstart - Level 1

9–12 yrs

In this beginner-friendly class, students will learn the foundations of programming through interactive projects and fun visual games using Javascript. Presented by CodeSky. Cost: \$120 for 8 sessions. Computer Lab, 2nd Floor, Oak Ridges Branch Mon. / Jan. 5 - Mar. 2 / 6:30-7:30 p.m.\*

#### Let's Explore Art!

6–8 yrs

Young artists are invited to get messy, experiment, and create using a variety of materials. Each week, we'll dive into a different technique—from pastels to mosaics, or something completely new. Try different techniques, learn new skills, and unleash their creativity in a fun, supportive environment. Room B, 2nd Floor, Central Branch Mon. / Jan. 5- Feb. 23 / 4-5 p.m.

#### Reading Buddies

6–8 yrs

During Reading Buddies, kids will be paired with high school volunteers to practice reading aloud and participate in activities such as storytelling and games that make literacy fun.

Classroom, Richmond Green Branch Mon. / Jan. 5 - Feb. 23 / 6-7 p.m.\*

Auditorium, Richvale Branch Wed. / Jan. 7 - Feb. 25 / 6-7 p.m.

#### Tween Hub

9–12 yrs

Looking for a hangout where you can express your creativity? In January, we'll make art from old CDs using paint, some sequins and imagination! In February, become a designer and turn an ordinary book bag into an extraordinary masterpiece. Room B, 2nd Floor, Central Branch Tues, Jan. 20; Feb. 17 / 4:30-5:30 p.m.

#### STEAM Buddies

6–8 yrs

Learn a variety of STEAM concepts while paired with a high school volunteer buddy. Classroom, Richmond Green Branch Thurs, Feb. 12, 26; Mar. 12, 26 / 4:30-5:30 p.m.

### Drop-in Programs:

#### Chess Drop-in

9–12 yrs

Drop in to play informal games against other chess players. All levels welcome! Classroom, Richmond Green Branch Tues, Jan. 13; Feb. 10 / 6:30-7:30 p.m.

### These aren't your average book clubs.

Are you an avid reader? A bookworm? Register for our book club, pick up this month's title, and join your fellow book lovers in our newest reading club!

We'll read a different book each month and gather at the library to talk about what we liked, didn't like, and more. We'll also do book-related activities.

#### StoryKids Reading Club

6–10 yrs

In January, we'll read *Restart* by Gordon Korman, and in February, we'll read *Speak Up!* by Rebecca Burgess. Classroom, Richmond Green Branch Tues, Jan. 27; Feb. 24 / 4:30-5:30 p.m.

#### Tween Reading Club

9–12 yrs

In January, we'll read *Finally Seen* by Kelly Yang, and in February we'll read *Ghost Boys* by Jewell Parker Rhodes. Room C, 2nd Floor, Central Branch Wed, Jan. 28; Feb. 25 / 4:30-5:30 p.m.



View all Kids programs at:  
[rebrand.ly/itk-kids](https://rebrand.ly/itk-kids)

\* No session on Feb. 16 and Mar. 16



# Family (all ages)



## Drop-in Programs:

### STEAM Stations

Robots, maker activities and games, oh my! Explore different STEAM concepts and equipment at your own pace during this drop-in program.

Room 1/2, 1st Floor, Oak Ridges Branch  
Tues. / Jan. 6 - Feb. 24 / 4-5:30 p.m.

Kids' Corner, Richmond Green Branch  
Wed. / Jan. 7 - Feb. 25 / 4-5:30 p.m.

### Family Crafting Hour

Looking for a fun, free activity for the whole family after school? Stop by for Family Crafting Hour! We'll provide all the supplies you'll need for simple, engaging activities.

Auditorium, Richvale Branch  
Thurs. / Jan. 8-Feb. 26 / 4- 5 p.m.

### P.A. Day Fun!

Spend your PA Day with us! Drop by your local branch to try different hands-on activities. Caregivers are asked to stay with their children.

Kids' Corner, 1st Floor, Central Branch;  
Room 1/2, Oak Ridges Branch  
Fri. / Jan. 16; Jan. 30 / 10 a.m. - 12 p.m.

Kids' Corner, Richmond Green Branch;  
Auditorium, Richvale Branch  
Fri. / Jan. 16; Jan. 30 / 2-4 p.m.

### Craft & Play at the Library!

Join us after Family Storytime for crafts and activities to celebrate Take Your Child to the Library Day!

Kids' Corner, 1st Floor, Central Branch  
Sat, Feb. 7 / 11 a.m.-12 p.m.

### Family Fun: Year of the Horse

Get ready to celebrate Lunar New Year! Join Three's Company for Culture and make a red envelope. Red envelopes are given out during special holidays, and symbolize good luck and good fortune. Supplies are limited and available on a first come, first serve basis.

Kids' Corner, 1st Floor, Central Branch  
Tues, Feb. 10 / 5-6 p.m.

### We've Got Heart! Family Card-Making

Come and create fun Valentine Day cards for your loved ones.

Kids' Corner, 1st Floor, Central Branch  
Sat, Feb. 14 / 11 a.m.-12 p.m.

## Family Lit Bash

Get ready to stir up some family fun! Enjoy an interactive performance by Chef Bisous, then create, play, and learn together through food-themed crafts and activities. End the day by checking out some delicious reads to share at home.

Kids' Corner, 1st Floor, Central Branch  
Sat, Jan. 24 / 2-4 p.m.

Check out page 15 for a kitchen cupboard scavenger hunt!

View all Family programs at:  
[rebrand.ly/itk-families](https://rebrand.ly/itk-families)



# Teens

## (13-17 years)

View all Teens programs at:  
[rebrand.ly/itk-teens](https://rebrand.ly/itk-teens)

### Registered Programs:

#### **Python Jumpstart - Level 1**

Discover the magic of Python, one of the most powerful and beginner-friendly programming languages in the world! Through exciting, hands-on coding challenges and visual storytelling, students will learn the fundamentals of Python programming. Presented by CodeSky. Cost: \$120 for 8 sessions. Computer Lab, 2nd Floor, Oak Ridges Branch  
Wed, Jan. 7 - Feb. 25 / 6:30-7:30 p.m.

#### **Creative Mending, Weave Care into Your Clothes**

Teens & adults (15-25yrs)  
Take a stand against fast fashion by learning how to repair the clothes you love! Bring a worn or damaged piece and explore hands-on mending methods like sashiko, darning, and patching. All supplies are included, and beginners are welcome. Presented in partnership with Threading Change, with funding partly provided by The Regional Municipality of York.  
Sun, Jan. 18; 25 / 1-4 p.m.  
Room A/B, 2nd Floor, Central Branch

#### **Winning Canadian Scholarships**

Want to make paying for college or university easier? Discover what it takes to land merit-based scholarships at Canadian colleges and universities. Learn how to reduce the stress of applying and stand out from the crowd with insider tips and strategies for crafting winning applications. Presented by Judy Fiebig, ACE Scholarship Consultant.  
Room 1/2, 1st Floor, Oak Ridges Branch  
Sat, Feb. 7 / 11 a.m.-12 p.m.

#### **Stand Out: Building Your First Resume**

Ready to land your summer job? Join the Career Foundation to build a professional resume, highlight your unique skills, and showcase your accomplishments. Learn how you can stand out to employers and apply with confidence.  
Zoom, Online  
Tues, Feb. 10 / 7-8:30 p.m.

#### **Landing Your First Job: Interview Skills**

Get ready to ace your first job interview! In partnership with the Career Foundation, learn how to answer common questions, present yourself confidently, and make a strong impression on potential employers. Gain practical tips and practice strategies to boost your confidence and stand out in any interview.  
Zoom, Online  
Tues, Feb. 24 / 7-8:30 p.m.

### Drop-in Programs:

#### **Teen Writing Circle**

Calling all teen writers! We've got a collaborative space for teen writers of all skill levels. Drop in to share your work, practice your writing, and get advice from your peers in a welcoming and informal setting.  
Room C, 2nd Floor, Central Branch  
Wed, Jan. 14; Feb. 11 / 4:30-5:30 p.m.

#### **Valen-Pals Party**

Bring a friend or make new ones as you enjoy great food, fun challenges and games to celebrate friendship. It's a chance to strengthen friendships, better understand yourself and meet teens like you! Hosted by RHPL's Teen Impact Collective.  
Room A/B, 2nd Floor, Central Branch  
Fri, Feb. 13 / 4:30-5:30 p.m.

### Need a Study Break?

Take a "paws" or "meow-ment" away from your studies and unwind with furry friends!

#### **Therapeutic Paws of Canada (Cats)**

Visit [rhpl.bibliocommons.com](https://rhpl.bibliocommons.com) to register!  
Classroom, Richmond Green Branch  
Mon, Jan. 12 / 12-12:45 p.m.

#### **Sunshine Therapy Dogs**

Drop in, no registration required.  
Classroom, Richmond Green Branch  
Mon, Feb. 9 / 12-1 p.m.



# Tea Festival



Sat, Jan. 10 / 10:30 a.m. – 4 p.m.  
Central Branch

Marketplace from 10:30 a.m. – 2 p.m.

## Tea-rrific Card Creation

All ages  
Kids' Corner, 1st Floor  
11 a.m. - 12 p.m.

Design and decorate your very own teacup-themed card using colourful supplies and plenty of creativity! You'll cut, glue, and personalize your creation to make a one-of-a-kind card to keep or give as a gift.

## Tea 101

Adults \$25  
Room A/B, 2nd Floor  
11:30 a.m. - 12:30 p.m.

Explore the world of tea with expert Katie Cyr of the Monarch Tea Co. Learn about the six main types of tea, proper steeping methods, and global tea traditions. Enjoy guided tastings and sample a variety of teas as you build your knowledge and appreciation for this beloved beverage. Guests are encouraged to bring their own mugs. Register at [rhpl.bibliocommons.com](http://rhpl.bibliocommons.com)

## The Art of Tea and Tasseomancy

Adults  
Room A/B, 2nd Floor  
1:30-2:30 p.m.

Discover the mystical art of tasseomancy, or tea leaf reading, with Amy Lou Taylor of TAOTAT's Mystic Tea & Brooms. Explore its ancient shamanic roots, learn the tools and techniques of this enchanting divination practice, and uncover the symbols and messages hidden in leaves. Delve into history, tradition, and the secrets each teacup can reveal. Register at [rhpl.bibliocommons.com](http://rhpl.bibliocommons.com)

## Tea Meditation: A Journey into Zen Tea

Adults  
Room A/B, 2nd Floor  
3-4 p.m.

Discover the art of tea as a mindful meditation. Guided by a Tea Master, you'll explore the aromas, colours, and flavours of exquisite teas, engaging all your senses while focusing on the present. Each sip becomes a moment of calm and clarity. In partnership with Chin-Tea Studio. Register at [rhpl.bibliocommons.com](http://rhpl.bibliocommons.com)



## Tea Marketplace

Meet local tea vendors and uncover a world of delicious blends and unique tea products! Explore exciting flavours, chat with passionate sellers, and discover your next favourite tea to take home.

10:30 a.m. – 2 p.m.

# Adults

View all Adult programs at:  
[rebrand.ly/itk-adults](https://rebrand.ly/itk-adults)

## Registered Programs:

### Fabric Printing 101

Interested in printing on fabric? In this foundational workshop, you'll learn how to use the Roland VersaSTUDIO BT-12 Direct-to-Garment Printer. After this group workshop, you'll be able to book our Fabric Printers for self-directed use on your own. Teens welcome.

Service Desk, 3rd Floor, Central Branch  
Sat. / Jan. 3, 31, Feb. 28 / 10-11 a.m.  
Wed. / Jan. 7 - Feb. 25 / 3 - 4 p.m.

### English Language Handwriting Club

Improve writing by hand while building your English writing skills in a fun, social environment. Come write, learn, and connect! Offered in partnership with Catholic Community Services of York Region (CCSYR) through Library Settlement Partnerships (LSP). Participants must register by emailing [cel@ccsy.org](mailto:cel@ccsy.org).  
Room C, 2nd Floor, Central Branch  
Mon. / Jan. 5- Feb. 23 / 6:30-8:30 p.m.

### Meditation Foundations

Experience gentle stretches that unwind tension, guided breathing practices that calm the nervous system and meditation foundations to steady the mind. Each week will bring forward reflections on wellness and the traditions of yoga and meditation. Led by yoga instructor Tania Love. All levels of experience are welcome to attend this 5-week series. Cost: \$75  
Zoom, Online  
Tues. / Jan 6 - Feb 3 / 7-8 p.m.

### Winter Sowing and Seed Starting Projects

Kick off January with a winter sowing project! Sowing is an easy, sustainable, low-mess way to start your native plant garden. Grow seeds outdoors in mini greenhouses or get a head start indoors with expert tips. Participants will receive native and annual seeds. Presented by Lake Simcoe South Master Gardeners, funded by SCRHCAT's Quick Action Grant, and led by Family Services York Region.  
Room A/B, 2nd Floor, Central Branch  
Tues, Jan. 6 / 2:30-4 p.m.

### Film Club

Join our monthly film club for pizza parties and movies as we chat about top-rated features. In January, we'll watch and discuss *A Real Pain*, a story about two mismatched cousins who tour Poland to honour their grandmother. February's film, *Minari*, is a tender, sweeping story about what roots us as it follows a family of South Korean immigrants.  
Room A/B, 2nd Floor, Central Branch  
Wed, Jan. 7; Feb. 4 / 6-8:30 p.m.

### English Conversation Circle

Join us each week to practice your English conversation skills with other newcomers and English language learners. Offered in partnership with Catholic Community Services of York Region (CCSYR) through Library Settlement Partnerships (LSP). Participants must register by emailing [cel@ccsy.org](mailto:cel@ccsy.org).

Auditorium, Richvale Branch  
Thurs. / Jan. 8 - Feb. 26 / 10:30 a.m.-12 p.m.\*

Room A/B, 2nd Floor, Central Branch  
Thurs. / Jan. 8 - Feb. 26 / 6-7:30 p.m.

### Mindful Moments:

#### Positive Affirmation Tags

Brighten the long winter days by creating positive affirmation tags. Each tag carries a message of hope and encouragement, helping you to stay mindful and inspired as you look forward to warmer, sunnier days ahead. Cost: \$15. Teens welcome.

Classroom, Richmond Green Branch  
Mon, Jan. 12 / 6-7 p.m.

Room 2, 1st Floor, Oak Ridges Branch  
Thurs, Jan. 22 / 7-8 p.m.

### 3D Printing 101

Interested in making your own 3D creation? In this foundational workshop, you'll learn about the mechanics of 3D printing, and discover all the cool items you can create! After this group workshop, you'll be able to book our 3D printer for self-directed use on your own. Teens welcome.

Creative Studio, 2nd Floor, Central Branch  
Tues. / Jan. 13 - Feb. 24 / 4 - 5:30 p.m.;  
Thurs. / Jan. 8 - Feb. 26 / 6:30 - 8 p.m.

### Hot Topics in Parenting: Are Sleepovers Dangerous?

While sleepovers provide social development, independence and enjoyment to children, many parents and experts have concluded they're dangerous. Join Dona Matthews, a developmental psychologist and the author of four books about parenting, for a discussion of sleepover benefits, concerns, and solutions.

Zoom, Online  
Wed, Jan. 14 / 7-8 p.m.



# Adults

## Registered Programs continued:

### **Wellness Wednesdays:**

#### **Book Social**

Join us for a community-led, wellness-themed book club with some light yoga. Hosted in partnership with the South Central Richmond Hill Community Action Table. Light snacks will be provided.

Room A/B, 2nd Floor, Central Branch  
Wed, Jan. 14; Feb. 11 / 2-3:30 p.m.

#### **Richvale Book Club**

Looking for your next favourite read? Join our Richvale book club to read and discuss great titles! New members welcome. In January, we'll read *The Story of Us* by Catherine Hernandez, and in February, we'll read *When We Lost Our Heads* by Heather O'Neill.

Auditorium, Richvale Branch  
Thurs, Jan. 15; Feb. 19 / 11 a.m. - 12 p.m.

### **Digital Marketing for**

#### **Small Business**

Want to learn how you can attract new customers and engage your existing audiences? Join Alan Luk, Small Business Consultant from the Richmond Hill Small Business Enterprise Centre, to explore key digital marketing strategies including website optimization, SEO, market research, pay-per-click advertising, social media and email marketing.

Zoom, Online  
Mon, Jan. 19 / 6:30-8 p.m.

### **Writer's Workshop**

Calling all York Region writers! Join us for monthly writing workshops presented by local writers from WCYR (Writers' Community of York Region). In January, Erika MacNeil will present *Find Your Voice*, and in February, Patricia Keeney presents *Literature and Life: a Writer's Journey*.

Room A/B, 2nd Floor, Central Branch  
Wed, Jan. 21; Feb. 18 / 7-8 p.m.

### **Balancing Acts:**

#### **A Kinetic Mobile Workshop**

Create your own kinetic mobile using wire and delicate paper elements. In this workshop led by artist Paula Hartmann, you'll learn the fundamentals of bending and shaping wire, attaching paper pieces, and achieving elegant balance. No experience necessary—just bring your curiosity, an open heart, and any lightweight treasures you'd love to include in your mobile. All tools and materials will be provided. Cost: \$25  
Room A/B, 2nd Floor, Central Branch  
Sat, Jan. 24 / 11 a.m.-1:30 p.m.

### **Get to Know Richmond Hill**

Are you a newcomer? Get to know your community and learn about services the City of Richmond Hill provides. In January, we'll discover services for entrepreneurs and small businesses. In February, we'll learn about what you can do to be prepared in an emergency.

Zoom, Online  
Mon, Jan. 26; Feb. 23 / 6-7:30 p.m.

### **Richmond Green Evening**

#### **Book Club**

Looking for your next favourite read? Join our new Richmond Green evening book club to read and discuss great titles! New members welcome. In January, we'll read *The Lost Bookshop* by Evie Woods, and in February, we'll read *How to Solve Your Own Murder* by Kristen Perrin.

Classroom, Richmond Green Branch  
Tues, Jan. 27; Feb. 24 / 6:30-7:30 p.m.

### **Bring Your Own Book Club**

Let's talk about books! Share something interesting you've read and hear about new and exciting book releases that you'll want to add to your TBR pile. When held at a restaurant, participants are responsible for purchasing their own food and drinks, if they choose.

Jan: King Henry's Arms;  
Feb: Room C, 2nd Floor, Central Branch  
Wed, Jan. 28; Feb. 25 / 7-8 p.m.

### **Central Book Club**

Looking for your next favourite read? Join our Central book club to read and discuss great titles! New members welcome. In January, we'll read *The Ministry of Time* by Kaliane Bradley, and in February, we'll read *Playground* by Richard Powers.

Room B, 2nd Floor, Central Branch  
Fri, Jan. 30; Feb. 27 / 2-3 p.m.

# Adults

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## Registered Programs continued:



Dance Together: Young at Heart Edition (Dec. 2025)

### **Dance Together: Young at Heart Edition**

Join dance artist Katya Kuznetsova as adults 55+ move to Brazilian drumming, cha-cha-cha, swing, and waltz rhythms! Enjoy a gentle warm-up followed by movement activities that can be done seated or standing (mobility devices welcome). No prior dance experience is required. Presented in partnership with the Dance Together Project. Funded by the City of Richmond Hill Community and Cultural Grant Program.  
Room A/B, 2nd Floor, Central Branch  
Mon. / Feb. 2-Mar. 23 / 2-2:45 p.m. \*

### **Borrowing and Reading eBooks: Digital Skills Series**

Learn how to borrow and read ebooks from the Library's digital collection. Bring your own device to follow along!  
Room 1/2, 1st Floor, Oak Ridges Branch  
Mon, Feb. 9 / 2-3 p.m.

### **Hot Topics in Current Politics**

Join Richard Warnica for an analysis of the current political and economic issues. Richard is a Toronto-based opinion editor and feature writer for the *Toronto Star*. A finalist for several national newspaper awards, Richard has worked as writer and editor for outlets such as *Politico*, *The National Post*, *Canadian Business*, and *Maclean's*. Check our website to see the topic of discussion closer to the program date.

Zoom, Online  
Wed, Feb. 11 / 7-8 p.m.

### **Wax Poetic with Your Galentines**

Gather your besties and important women in your life for a fun-filled maker afternoon! Join local studio Let's Make It! as we learn to create candles, teacup candles and lip balms. Participants will go home with the items they make. Cost: \$45.

Room 1/2, 1st Floor, Oak Ridges Branch  
Sat, Feb. 14 / 2-4 p.m.

### **Mindful Moments: Mosaic Coasters**

Add some flair to your table with your very own mosaic coasters. Get creative arranging colours and patterns, and create a bright, one-of-a-kind coaster to enjoy every day. Cost: \$25. Teens welcome.  
Classroom, Richmond Green Branch  
Tues, Feb. 17 / 6-7:30 p.m.

### **Miskwaadesi Studio: An Introduction to Beaded Embroidery**

Explore Indigenous perspectives on beaded embroidery while learning the back stitch technique. Participants will bead around a cabochon (gemstone) and create the foundation for a unique piece that can be finished as a pin, pair of earrings, or medallion. Spaces are limited, register early by emailing [sarah@miskwaadesi.com](mailto:sarah@miskwaadesi.com). Teens welcome.

Room A/B, 2nd Floor, Central Branch  
Sat, Feb. 28 / 2-4 p.m.

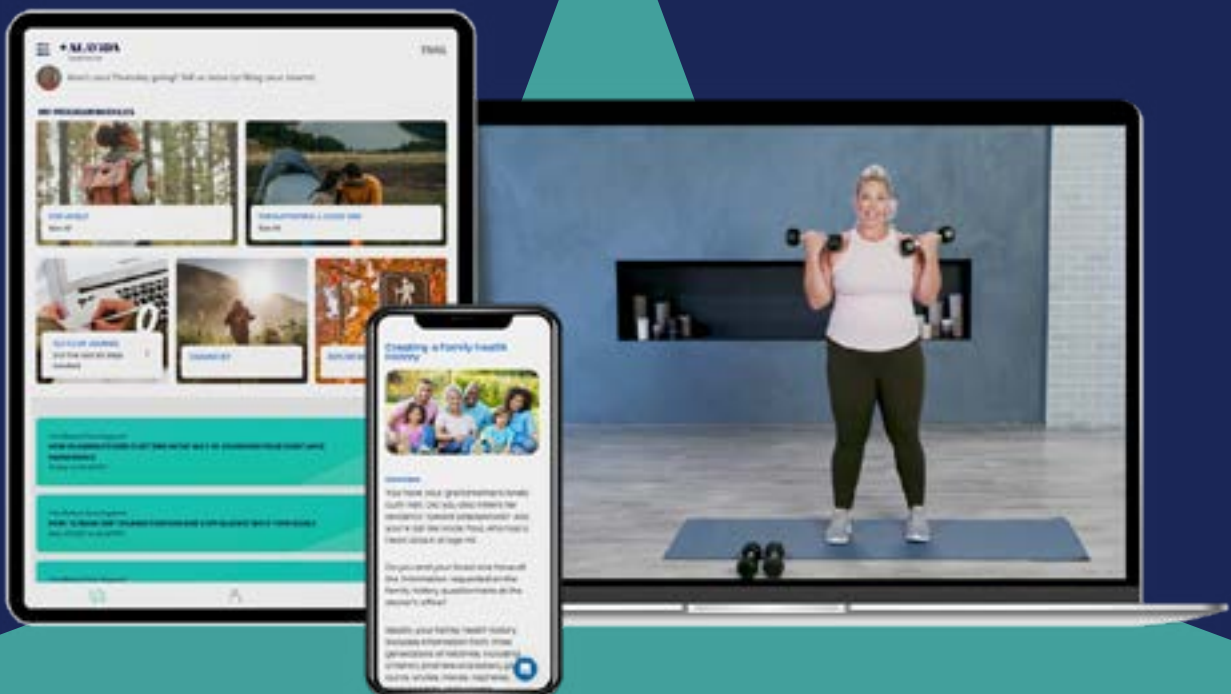
**LifeSpeak Inc.**



**Richmond Hill  
Public Library**

# Wellness Benefits with your Library

Learn how to balance your physical and mental health through expert-led wellness content and videos. Free with your RHPL membership.  
Visit [rhpl.ca](http://rhpl.ca) to learn more.



# Adults

## Trilingual Book Club

Adults and teens are invited to join us each month for a warm, engaging discussion hosted in English, Farsi, and French. In January, we'll discuss *The Little Prince*, and in February we'll dive into *Peter Pan*.

Participants will reflect on the messages of each classic book and share their personal insights in a supportive, open environment. Enjoy meaningful dialogue and deeper connection with literature and each other. Hosted by Lantern Book Club.

Room A/B, 2nd Floor, Central Branch  
Fri, Jan. 9; Feb. 6 / 4-5:30 p.m.

Donate for  
a chance  
to win!

### Super Bowl: Super Hygiene

Jan. 26 - Feb. 8

Score big for a good cause! Help 360°kids as they provide supportive spaces for youth who are experiencing homelessness. Bring new hygiene products to any RHPL branch, and we'll donate them 360°kids.

Each donation also earns you a ballot to predict the Super Bowl winner, and a chance to win a super prize!

Organized by RHPL's Teen Impact Collective. Please visit [rhpl.ca](http://rhpl.ca) for list of acceptable donation items.

Une série de discussions chaleureuses et inspirantes autour du *Petit Prince*, explorant les thèmes de l'imagination, de l'amitié, de la responsabilité et de la découverte de soi. Les participants pourront partager leurs réflexions dans un espace ouvert et accueillant. Le programme convient autant aux adolescents qu'aux adultes et invite à une lecture plus profonde de ce classique.

تو این برنامه با هم می‌سیم سراغ دنیای «شازده کوچولو»؛ به جای آروم برای حرف زدن، فکر کردن و دیدن زندگی از زاویه‌های تازه. درباره دوستی، مسئولیت، خیال و شناخت خودمون حرف می‌زنیم و تجربه‌هامون رو با هم درمیان می‌ذاریم. این دورهمی برای نوجوان‌ها و بزرگسال‌هاست؛ فرصتی برای اینکه این داستان محبوب رو به جور دیگه تجربه کنید.





# Adults

## You're Hired!

Attend these free programs and get the support you need to land your next job.

### How to Create a Targeted Resume

Learn how to craft a targeted, results-driven resume that highlights your strengths and gets noticed by employers. This practical session will help you stand out from the competition and boost your chances of landing an interview. Presented by Sandy Kokkoros, YMCA Employment Consultant. Zoom, Online  
Mon, Jan. 12 / 6 - 8:30 p.m.

### Update your LinkedIn Headshot

An updated professional photo can boost your credibility and enhance your image when networking. Register to have your portrait taken by photographer Lindsay Roberts. Edited photos will be shared with participants within two weeks of the session.  
Room 1, 1st Floor, Oak Ridges Branch  
Sat, Jan. 17 / 1 - 3 p.m.

### Ace Your Interview: One-on-One Prep

Sharpen your interview skills and boost your confidence! Get one-on-one guidance on common interview questions, receive expert tips, and learn strategies to stand out. Presented in partnership with Job Skills.  
Room B, 2nd Floor, Central Branch  
Fri, Jan. 23 / 10 a.m. - 1 p.m.

### Learning Effective Interview Techniques

You've got the interview, now what? Learn how to present yourself positively and answer common interview questions either in person, by phone or virtually. Plus, learn tips on what you can do to get noticed before, during, and after an interview. Presented by Chhong Heng, YMCA Employment Consultant. Zoom, Online  
Mon, Feb. 2 / 6:30 - 8 p.m.

### Transform Your Resume: One-on-One Critique

Looking to create a brand new resume or revamp an old one? Sit down for a one-on-one resume review with an expert from Job Skills and get tips to make your resume stronger and more effective. You must be eligible to work in Canada and over 18 years of age to participate in this program.  
Room B, 2nd Floor, Central Branch  
Fri, Feb. 13 / 10 a.m. - 1 p.m.

### Want more?

Turn to page 6 to view similar programs for teens.

## Black History Month Art Exhibit

### Afrophilia

Jan. 30 - Mar. 29

Afrophilia is a love letter to Black people. Frantz Brent-Harris is a Jamaican artist based in Toronto. His sculptures explore the complexities of identity and perception. Through his work he portrays the tensions of double-consciousness and cognitive dissonance that corrupt the psyche of Black, African and Caribbean people living in a society where black people are often ignored and invisible. Glass Case Gallery, 1st Floor, Central Branch



# Adults



## Living Well

Improve your wellbeing and learn about your health. Get tips from healthcare professionals on how you can eat, sleep and live better.

### Hearing Loss & Aging

Hearing shapes how we connect with the world. Join Canadian Hearing Services for a practical session on hearing loss and aging, communication strategies for daily challenges, ways to improve listening in noisy settings, and guidance on hearing aids and assistive devices. Learn about supports that help you stay engaged and confident in your everyday life. Auditorium, Richvale Branch  
Fri, Jan. 9 / 2-3 p.m.

### Taking Care of Your Feet

Join Matthew Chang, chiropodist at Sackman & Chang: Richmond Hill Foot Clinic, for an engaging session on maintaining healthy feet as you age. Learn practical tips related to nails, corns, calluses, balance, gait, and more to help you stay active and enjoy every step. Auditorium, Richvale Branch  
Fri, Jan. 23 / 2-3 p.m.

### Nutrition for Healthy Aging

Boost your energy and eat well as you age! Join Nicole Addison, Registered Dietitian from Nourished by Nic, to learn simple ways to support your nutrition. Learn how to cook for one or two, shop smarter, plan meals, and discover quick, affordable, and nourishing recipes. Auditorium, Richvale Branch  
Fri, Feb. 6 / 2-3 p.m.

### Sleep Better, Live Better

Sleep is essential for memory, mood, and overall health, especially as we age. Join Sleep Medicine Physician Dr. Sharon Morong from the Sleep Endoscopy Centre for Snoring and Sleep Apnea to learn practical tips for better sleep. You'll also learn about common challenges like insomnia and sleep apnea. Auditorium, Richvale Branch  
Fri, Feb. 20 / 2-3 p.m.

## Drop-in Programs:

### Chit-Chat Socials

Make new friends, enjoy some games, or simply chat over a cup of tea during this casual, friendly gathering.

Auditorium, Richvale Branch  
Thurs. / Jan. 15, 29; Feb. 5, 19 / 1:30-3 p.m.

### Musical Saturdays

Join us for musical afternoons! On Jan. 17, the Celebration Duo is back by popular demand. On Feb. 14, the Chinese Chamber Music Ensemble will help us bring in the New Lunar Year of the Horse. Teens welcome. Cafe Space, 1st Floor, Central Branch  
Sat, Jan. 17; Feb. 14 / 2-3 p.m.

### Writer's Workshop

Calling all York Region writers! Join us for monthly writing workshops presented by local writers from WCYR (Writers' Community of York Region). In January, Erika MacNeil will present Find Your Voice, and in February, Patricia Keeney presents Literature and Life: a Writer's Journey. Room A/B, 2nd Floor, Central Branch  
Wed, Jan. 21; Feb. 18 / 7-8 p.m.

### One-on-One Tech Help

Need help printing, downloading forms or setting up your email? Drop by the 3rd Floor Service Desk for tech assistance from a high-school volunteer. Service Desk, 3rd Floor, Central Branch  
Mon, Feb. 2 / 4-5 p.m.

### Crochet Cafe

Join us for this drop in, self-directed crocheting, embroidery or knitting circle in our cafe space. Teens welcome. Cafe Space, 1st Floor, Central Branch  
Thurs, Feb. 5 / 6-7 p.m.

# Kitchen cupboard scavenger hunt



Find the following food items in your kitchen and answer the questions below.  
You may be able to answer the questions with just a couple of food items.

Item	Question
<input type="checkbox"/> A box with a picture of food	What colour is the box?
<input type="checkbox"/> A can with something healthy	What meal could you use it in?
<input type="checkbox"/> Something with more than 5 ingredients	What's one ingredient you've never heard of?
<input type="checkbox"/> A food that is the colour red	Is it sweet or salty?
<input type="checkbox"/> A food with a short word (5 letters or less)	Can you use the word in a sentence?
<input type="checkbox"/> A label with a number on it	What does the number mean (serving size, weight, etc.)?



## Take it further: Nutrition label detective

Pick one box, bag, or can you found.

Name of the food: \_\_\_\_\_

How many servings are in the package? \_\_\_\_\_

Circle what it has:



Sugar



Fibre



Water



Salt



A word you can't pronounce

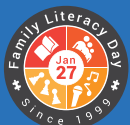
Do you think it is a healthy food? Why or why not?

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Find fun family activities at:  
**FamilyLiteracyDay.ca**



### RHPL Branches:

#### Central Branch

1 Atkinson Street,  
905.884.9288

##### Mon-Thurs

9:30 a.m.-9 p.m.

##### Friday

9:30 a.m.-6 p.m.

##### Saturday

10 a.m.-5 p.m.

##### Sunday

12 p.m.-5 p.m.

#### Oak Ridges Branch

34 Regatta Avenue,  
905.773.5533

##### Mon-Thurs

10 a.m.-9 p.m.

##### Friday

10 a.m.-6 p.m.

##### Saturday

10 a.m.-5 p.m.

##### Sunday

12 p.m.-5 p.m.

#### Richmond Green Branch

1 William F. Bell Parkway,  
905.780.0711

##### Mon-Thurs

10 a.m.-8 p.m.

##### Friday

10 a.m.-6 p.m.

##### Saturday

10 a.m.-5 p.m.

##### Sunday

Closed

#### Richvale Branch

40 Pearson Avenue,  
905.889.2847

##### Sun / Mon

Closed

##### Tues / Wed

10 a.m.-8 p.m.

##### Thurs / Fri

10 a.m.-6 p.m.

##### Saturday

10 a.m.-5 p.m.

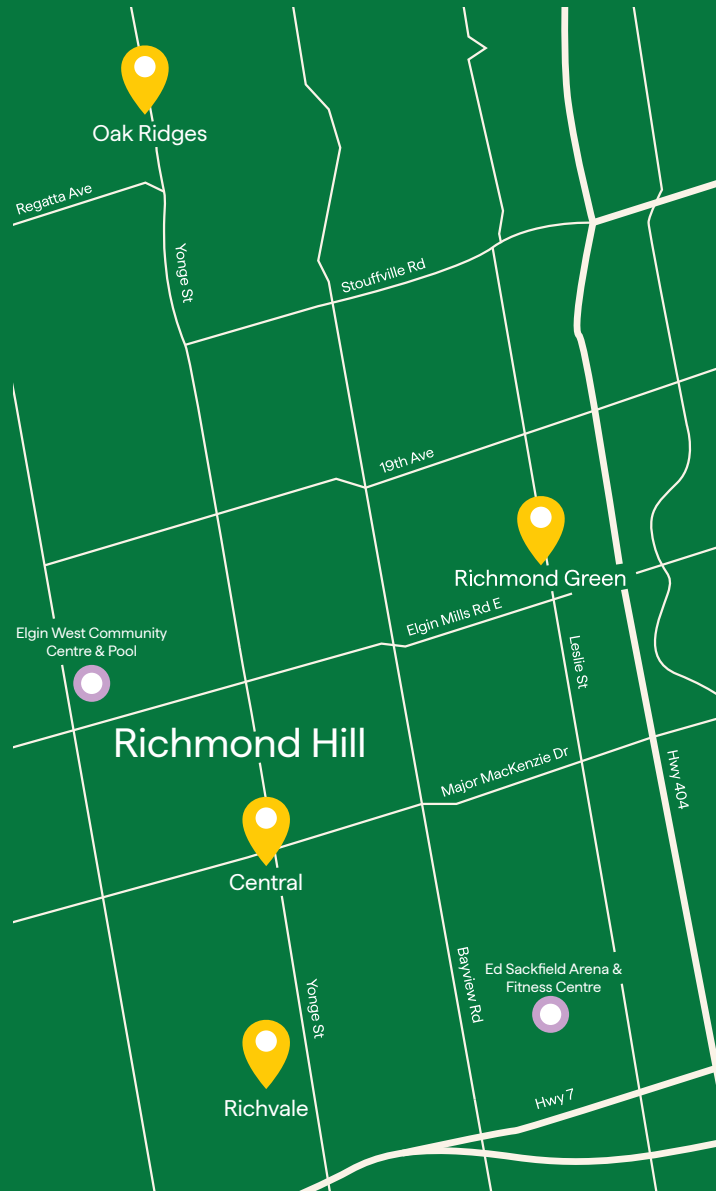
### On The Go (Express Branches):

#### Ed Sackfield Arena & Fitness Centre

311 Valleymede Dr

#### Elgin West Community Centre & Pool

1099 Bathurst Street



All locations are wheelchair accessible. For more information on location features, visit [rhpl.ca](http://rhpl.ca)

### Become an insider!

Discover all RHPL has to offer by signing up for our e-newsletter. Be the first to learn about upcoming programs, discover new items to borrow, and stay connected to your library.



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